

Comprehensive Counseling LCSWs:

3555 Bainbridge Ave., Bronx, NY 10467 and 3174 Riverdale Ave, Bronx, NY 10463, Phone- 718-830-0246.

*They also have offices in other Boroughs; Rego Park location has a psychiatrist on site, pts call themselves for phone screening and to schedule their intake

Jewish Board for Family and Children Services (JBFCs):

One Call Phone: 1-844-663-2255 or 212-584-8495 Fax: 212-632-4495, *accepts many insurance multiple Bronx locations. Some have evening and weekend availability as well. Patient must call directly to self-refer.

NY Psychotherapy and Counseling Center:

579 Courtland Avenue, Bronx, NY 10451 Phone: 718-485-2100 Fax # 718-485-2101 *Takes most Medicaid plans, walk in hours from Monday-Friday 10:00 am-1:00 pm, pts must attend 3 intake visits and then submit a form from PCP, they require weekly therapy at first

Insurance Companies:

Call the number on the back of your insurance ID card and ask a representative for mental health professionals in your area.

NYC Well (Mental Health):

Call 1-888-NYC-Well or text WELL to 65173 for help connecting to long term referrals, crisis intervention and peer support 24/7.

Alssaro Counseling Services

Main Street

481 Main Street Suite 401 New Rochelle NY 10801

Phone: (914) 355 2440

Email: info@alssaro.com

Fax: 914-235-0822

All Medical And Rehabilitation Center

4377 Bronx Blvd. Bronx, NY 10466

718-325-0700 Fax 718-684-5266 or 845-765-9346

All Medical and Rehabilitation Center

820 St Ann's Ave, The Bronx, NY 10456

718-325-0700

True Pursuit Psychological Services

2860 Bailey Ave, Bronx, NY 10463

Tel :(718) 701-5833

UBA Montefiore

1-800-401-4822

Essen Health Care

Mental & Behavioral Health

Telehealth

Tel:718-583-7736

Fax: 347-897-6174

Email: Externalreferrals@essenmed.com

Montefiore Moses Outpatient Psychiatry Program

111 E. 210th, Klau 1

Bronx, NY 10467

Phone: 718-920-4295

Montefiore North Division Annex

4401 Bronx Blvd, Bronx, NY 10470

Phone: (718) 304-7000

Full Circle

136 Neill Ave, Bronx, NY 10461

Tel :(718) 518-7600

Montefiore Behavioral Health

2527 Glebe Ave. Bronx, NY 10470

Phone: 718-904-4400 or 718-904-4414

Metropolitan Mental Health Clinic

1901 First Ave

New York, NY 10029

Tel :(212) 423-6634 or (212)668-6685

YAI (Seeing Beyond Disability)

212-273-6100

220 E 42nd st

8th floor.

New York, NY 10017

Montefiore North Outpatient Mental Health Program

4401 Bronx Blvd (near 238th Street)
Bronx, NY
Intake: 718 304-7048
For SUD program 718 304-7070

BronxCare Health System Life Recovery Center

1285 Fulton Ave. 1st floor
Bronx, NY 10456
Intake: 718-518-3700

Mount Vernon Neighborhood Health Center

107 W 4th ST, Mt Vernon, NY 10550
Tel : (914) 699-7200

Mount Vernon Community Svcs Center

Mount Vernon, New York
100 E 1st St, Mt Vernon, NY 10550
Phone: (914) 813-6238

Northeast Family Services

Warwick, Rhode Island
2348 Post Rd # 107, Warwick, RI 02886
Phone: (401) 681-4637

Nassau Psychology

165 N. Village Ave.
Rockville Center, NY 11570
Phone: (516) 350-8564

Puerto Rican Family Institute

Bronx Mental Health Clinic
4123 3rd ave.
Tel: 718-299-3045

Calvary Hospital

calvaryhospital.org
1740 Eastchester Rd, Bronx, NY 10461
Hours: Open 24 hours
Phone: (718) 518-2000

Psychology Today:

Browse www.psychologytoday.com for a list of mental health professionals in your area.

Good Therapy:

Browse www.goodtherapy.org for a list of mental health professionals in your area.

ZocDoc:

Browse www.zocdoc.com for a list of mental health professionals in your area.

Private Practice Therapist

Coop City Area

Jacqueline Rolon
Counselor, LMHC
(646) 904-5468

Ebony Deloris Woney, LMHC
(929) 383-7085

Cleopatra Williams, LCSW
1-347-609-4389

NAMI-NYS HELPLINE
518-245-9160 M-F 8am-3pm
Email: infor@naminy.org



MENTALHEALTHCLINICS.ORG

Mental Health Facilities in Putnam Dutchess, Ulster, Orange, Westchester, Rockland County, NY

(855) 453-8985

CoveCare Center - Counseling & Wellness

Management covecarecenter.org
1808 Route 6, Carmel, NY 10512 · ~10.7 mi
(845) 225-2700

Mental Health Association in Putnam

mhaputnam.org
At: Brewster Square
2505 Carmel Ave Ste 212, Brewster, NY 10509 ·
(845) 278-7600

Mental Health America of Dutchess County

mhadutchess.org
253 Mansion St, Poughkeepsie, NY 12601
(845) 473-2500

Family Services Inc

Counseling & mental health
223 Main St, Beacon, Ny 12508 · ~20.1 mi
(845) 486-2703

Dutchess County Stabilization Center

www.dutchessny.gov

At: Dutchess County Dept of Mental Hygiene

230 North Rd, Poughkeepsie, Ny 12601

(845) 485-9700

Open 24 hours

Counseling & mental health

Dutchess County Stabilization Center

Located in: Dutchess County Mental Hygiene

Address: 230 North Rd, Poughkeepsie, NY 12601

Hours:

Open 24 hours

Phone: (845) 485-9700

MidHudson Regional Hospital

www.midhudsonregional.org

241 North Rd, Poughkeepsie, NY 12601

(845) 483-5000

Children & Adolescents

Four Winds Hospital

www.fourwindshospital.com

800 Cross River Rd, Katonah, NY 10536 · ~20.4 mi

(914) 763-8151

Here are all of the mental health centers that we could find in NY. Many of these treatment clinics provide inpatient and residential mental health treatment and are able to treat men, women, teenagers and adolescents. Mental health facilities in New York are able to treat all kinds of mental health issues such as suicidal thoughts, PTSD, OCD, various eating disorders, panic disorders, ADHD, depression, various phobias, personality disorders and more.

You can go to <https://www.mentalhealthclinics.org/> to find out more information

- **ACCESS SUPPORTS FOR LIVING HYDE PARK CENTER PROS**
- **POUGHKEEPSIE CENTER PROS**
- **ASTOR SERVICES FOR CHILDREN/FAMILIES DOVER COUNSELING CENTER**
- **DC DEPT BEHAVIORAL/COMMUNITY HEALTH DUTCHESS COUNTY PARTIAL HOSP PROGRAM**
- **MHA OF DUTCHESS COUNTY BEACON WELLNESS PROS PROGRAM**
- **ACCESS SUPPORT FOR LIVING MILLBROOK CENTER PROS PROGRAM**
- **FAMILY SERVICES POUGHKEEPSIE MENTAL HEALTH CLINIC**
- **ROCKLAND PSYCHIATRIC CENTER DUTCHESS CLINIC**
- **ASTOR ADOLESCENT DAY TREATMENT PROGRAM BOCES ALTERNATIVE EDUCATION ACADEMY**
- **WESTCHESTER MEDICAL CENTER MIDHUDSON HOSP BEHAVIORAL HEALTH**
- **ASTOR SERVICES FOR CHILDREN/FAMILIES OUTPATIENT COUNSELING**
- **FAMILY SERVICES BEACON MENTAL HEALTH CLINIC**
- **FAMILY SERVICES EASTERN DUTCHESS LOCATION**
- **ASTOR ADOLESCENT DAY TREATMENT PROGRAM MIDDLE SCHOOL SATELLITE**
- **VA HUDSON VALLEY HEALTHCARE SYSTEM FDR/POUGHKEEPSIE COMMUNITY CLINIC**
- **ASTOR SERVICES FOR CHILDREN AND FAMILIES CSL SERVICES/YTH AND FAM/PKEEPSIE CENTER**
- **VA HUDSON VALLEY HEALTHCARE SYSTEM CP/CASTLE POINT CAMPUS**
- **ASTOR SERVICES FOR CHILDREN AND FAMILIES ADOLESCENT PARTIAL HOSP PROGRAM**
- **ASTOR SERVICES FOR CHILDREN AND FAMILIES**

Frequently Asked Questions

Getting mental health treatment is essential. Getting answers to questions you may have about mental health in Dutchess County, NY is just as important. Here are some of the most common questions that people ask in regard to mental health treatment:

- **Can I pay for mental health treatment in Dutchess County with my health insurance?**
Fortunately, most of the mental health clinics throughout Dutchess County will accept private health insurance to cover the cost of treatment. Insurance carriers that include Aetna, Humana, United Healthcare, Blue Cross Blue Shield, Cigna and many others may have provisions in their plans that pay for mental health services. Of course, you should always inquiry with your insurance company to see the exact benefits you have.
- **Is there mental health treatment for teenagers available in Dutchess County?**
Many of the mental health clinics that are located in Dutchess County are able to provide treatment to teenagers and adolescents. In fact, there are some facilities that specialize only in providing mental health treatment to the younger population, while there are also others that will not accept teenagers. Inquire at the specific facility you are interested in to make sure they do provide mental health service for your teenage son or daughter.
- **How long does mental health treatment last in Dutchess County?**
Mental health treatment is done on an individual basis, so there is no specific amount of time or duration that can apply to everyone. Many mental health facilities in Dutchess County have standardized mental health treatments that often go for 30 days, which is a popular option among those seeking treatment. However, your particular case may require 60-day, 90-day or even year-long treatment.
- **What are some of the mental health disorders for which I can get treatment in Dutchess County?**
As a general rule, treatment centers in Dutchess County can help with most mental health disorders. Such disorders include phobias, eating disorders such as compulsive eating, anorexia or bulimia, PTSD, trauma, personality disorders, bipolar disorder, depression, dissociative identity disorder and schizophrenia. To be sure, please ask the facility in question whether they will provide treatment for the specific disorder you or your loved one need help with.
- **How much does mental health treatment cost in Dutchess County?**
Costs for mental health treatment in Dutchess County will vary depending on the facility and your particular mental health issues. Such costs can go as high as \$12,000 for inpatient treatment, or as low as \$60 hourly for outpatient treatment. Please note, however, that you may not need to pay for mental health costs out of pocket. If your health insurance provider pays for mental health services, they may be able to cover some or all costs associated with your treatment.

Mental Health Facilities in Ulster County, NY

Here are all of the mental health centers that we could find in Ulster County, NY. Many of these treatment clinics provide inpatient and residential mental health treatment and are able to treat men, women, teenagers and adolescents. Mental health facilities in Ulster County, New York are able to treat all kinds of mental health issues such as suicidal thoughts, PTSD, OCD, various eating disorders, panic disorders, ADHD, depression, various phobias, personality disorders and more.

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- [HEALTHALLIANCE HOSPITAL MARYS AVENUE CAMPUS/ADULT PH](#)
- [FAMILYSERVICES INC BEHAVIORAL HEALTH CENTER OF KINGSTON](#)
- [HUDSON VALLEY MENTAL HEALTH INC NEW PALTZ MENTAL HEALTH CLINIC](#)
- [GATEWAY COMMUNITY INDUSTRIES INC](#)
- [INSTITUTE FOR FAMILY HEALTH COUNSELING AT KINGSTON FAMILY PRACTICE](#)
- [HEALTHALLIANCE HOSPITAL MARYS AVENUE CAMPUS/PSYCH INPATIENT UNIT](#)
- [CHILDRENS HOME OF KINGSTON](#)
- [HEALTHALLIANCE HOSPITAL ADOLESCENT PARTIAL HOSP PROGRAM](#)
- [FAMILY SERVICES ELLENVILLE MENTAL HEALTH CLINIC](#)

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Crisis Services/Mental Health: Mobile Crisis Teams

- [Crisis Services/Mental Health Main Page](#)
- [NYC Well](#)
- [Child & Adolescent Mental Health Emergency/Crisis Services](#)
- [Mobile Crisis Team Frequently Asked Questions \(PDF\)](#)

A Mobile Crisis Team is a group of behavioral health professionals — such as social workers, peer specialists and family peer advocates — who can provide care and short-term management for people who are experiencing severe behavioral crisis.

Service are primarily provided in people's homes, as well as in schools for children experiencing crisis. Mobile Crisis Teams are available in all five boroughs.

Mobile Crisis Teams respond to referrals placed between the hours of 8 a.m. and 8 p.m. They typically provide an in-person visit within two hours of receiving a referral.

This service is for people who do not need immediate hospitalization.

Services Provided

Mobile Crisis Teams can provide mental health engagement, intervention and follow-up support to help people remain connected with treatment providers. The teams may offer a range of services, including:

- Assessment
- Crisis intervention
- Supportive counseling
- Information and referrals, including to community-based mental health services

Request a Team

You can request help from a Mobile Crisis Team if you are concerned about a family member, friend or acquaintance who is experiencing, or at risk of, a psychological crisis. You can also request a team for yourself. To request a team, call NYC Well at (888) NYC-WELL (888-692-9355).

Transport to Psychiatric Emergency Room

If a Mobile Crisis Team determines that a person in crisis needs further psychiatric or medical assessment, they can arrange for that person to be transported to a hospital psychiatric emergency room.

Mobile Crisis Teams may direct EMS or police to take a person to an emergency room against their will only if they have a mental illness (or the appearance of mental illness) and are a danger to themselves or others. This is in accordance with NYS Mental Hygiene Law.

For more information, contact [NYC Well](#) at (888) NYC-WELL (888-692-9355).

Alcohol & Substance Use Disorder Treatment Facilities

Arms Acres

www.armsacres.com

75 Seminary Hill Rd, Carmel, NY 10512 · ~11.1 mi
(845) 225-3400

Samaritan Village

www.samaritanvillage.org

88 Fox Hollow Rd, Rhinebeck, Ny 12572 · ~28.5 mi
(845) 647-8006

St Christopher's Inn Inc

Addiction treatment center in Philipstown, New York

Address: 21 Franciscan Way, Garrison, NY 10524

Hours:

Closed · Opens 8:30 AM

Phone: (845) 335-1000

Residential Treatment Services

Call 845-335-1022

The Turning Point

Addiction treatment center in Poughkeepsie, New York

Located in: Family Partnership Center

Address: 241 North Rd, Poughkeepsie, NY 12601

Phone: (845) 483-5512



New York Adult & Teen Challenge
585-301-2536

Locations

Albany

14318 US-9W

Ravena, NY 12143

Buffalo

124 Locust Street

Buffalo, NY 14204

Long Island

309 Old Farmingdale Rd

West Babylon, NY 11704

Rochester

160 Northaven Terrace

Rochester, NY 14621

Syracuse

124 Furman Street

Syracuse, NY 13205

Brooklyn

416 Clinton Ave, Brooklyn, NY 11238

Hours:

Open 24 hours

Phone: (718) 789-1414